

BRANCHING OUT

What's Happening at Lake Wilderness Arboretum

Nearly every year, the Arboretum's Spring Plant Sale has brought in more money than the previous year, and this was another year of record breaking sales which generously exceeded our budgeted/expected income!

Spring Plant Sale the Best Ever

It was the commitment, the hard work, and the gardening and plant knowledge of very dedicated volunteers that made it all come together. They, along with local businesses deserve a huge THANK YOU in making this a community event to be

proud of! The businesses and community organizations who supported and contributed are CJ's Bakery, Columbia Beverage Company, Grainger, Java Java, Johnson's Home & Garden Center, Lake Wilderness Lodge, Maple Valley-Black Diamond Chamber of Commerce, Maple Valley Community Center, McDonald's, Mt. Rainier Bank, QFC, Rock Creek Elementary School, Safeway, South King County Arboretum Foundation, Starbucks, Tahoma School District, The Dough Shop, The Secret Gardener and Trader



Shoppers ponder which plants to purchase from the wide selection available.



At a post-sale TWIGS meeting, these volunteers received thumbs-up awards and goodies. L to R Front row: Lori Koyamatsu, Maria VanZanen, Leona Candler, Steffany Neuschaefer. Second row: Kathy Linn, Judi Alvau, Sidonia St.Germain, Judy Nash, Viola Scoby, Marianne Brown, Maggie Westerlund, Pam Bradford, Adele Bockelman.



Taking a break during the Sale are L to R, Bill Paine, Teresa Ranft, Chair Barbara Huseby and Trish Bottorof.

Joe's. Innovations at the Arboretum that helped boost the income are due in large part to the efforts of Judi Alvau who started the propagation program and to Judy Nash who now is Nursery Manager as well as Chair Barbara Huseby's organization and communication talents. ♦

At the April 25th Maple Valley City Council meeting, Mayor Laure Iddings presented to SKCAF Board members, Kadri Linask-Goode and Pat Bowman, a Proclamation recognizing the Arboretum's part in preserving the native plant ecosystem.

Native Plant Proclamation Received

Mayor Iddings, on behalf of the entire Maple Valley City Council, proclaimed May 6 & 7, 2005 to be Native Plant Appreciation Days in the City of Maple Valley and urged citizens to learn more about our native plants, how to protect them, and how to enjoy and appreciate our native flora's beauty and value. ♦



L to R: Mayor Iddings, Kadri Linask-Goode and Pat Bowman.

I hope everyone enjoyed our Spring Plant Sale as much as I did! Thank you for shopping at our sale and supporting our Arboretum. I am sure you'll agree that the Sale has never had a greater variety of plants and interesting vendors than this year. A big THANK YOU to Barbara Huseby our Plant Sale Chair and a Board Member-at-Large who did an outstanding job putting together that sale for us this year! Of course she had lots of help, and SKCAF is grateful to each and every one of our tireless volunteers. We're already looking to the future, so don't forget our Fall Sale which is always the second Saturday in September—September 10th this year. We hope to see you again in September as a volunteer or a shopper!



President's Message

by Kadri Linask-Goode

This Spring the Plant Sale wasn't our only major accomplishment. We simultaneously added a beautiful new garden to display our collection of plants salvaged from Loie Benedict's property. If you haven't seen it already, it is directly to the east of the nursery, and it is worth a visit. One of the amazing things about this large garden was that it did not cost a dime of SKCAF funds and everything from plant salvage and relocation to planning and heavy equipment usage was donated — together with all the volunteer labor to install it.

I'm sure you've read a lot about the Volunteer Garden in our past issues and have had an opportunity to visit it. Many thanks to Cindy Ostermann for leading this project from concept through to completion with her dedication and professionalism. This Garden is truly an asset to the Arboretum and our Display Gardens as well as a wonderful tribute to our volunteers past and present.

The Smith-Mossman Western Azalea Garden is also growing by leaps and bounds due to the diligence, hard work and long hours put into bringing in new specimens, applying for grant funding and a general sprucing-up of the area. Thank you to Maria VanZanen, our Property Management and Development Committee Chairwoman for heading this up along with Bob Dunning's support.

Finally, please note that the new date for our 40th Anniversary Celebration is Saturday, November 12th. Watch for the upcoming communications about this event which will showcase a number of our wonderful new and redesigned gardens and the Arboretum's 40-year history.

You can read about all these events in greater detail and the many other notable activities at our Arboretum this Spring in this newsletter. Our volunteers all have amazing energy and dedication to our community, but we could always use more help. Please join us and be a part of our next 40 years! ♦

June Potluck & Education Program

The Arboretum's Education Program on Tuesday, June 7th, will feature SKCAF Board member and local landscape designer, J. Patrick Bowman presenting, "New Plants You Just Have to Have in Your Garden." He is teaming up with Hayes Nursery to show samples of the latest introductions in landscape plants and how they can be used in your planting scheme. If you like having new and unique plants in your garden, be sure to attend this informative program. You'll go home with some great ideas! Prior to the 7pm program, there will be a potluck starting at 6:30. Plates and utensils will be provided. Please bring a dish to share.

The potluck and program will be held at the Maple Valley Community Center, 22010 SE 248th Street in Maple Valley. The program is free to members, and guests are welcomed. ♦

Acknowledgments

Gifts to the Arboretum from the following are greatly appreciated. Financial contributions for the recently completed Volunteer Garden were received from "Friends and Family of Sherry Shaffer" and Foundation supporters. Plants and materials for this garden were received from Loie Benedict, Pat Bowman, Malone's Landscape, Cindy Ostermann, South King County Arboretum Foundation, Rebecca Stewart, Weber's Nursery and from Sidonia St.Germain's mother's garden.

Also, Randy Iddings of Iddings, Inc. gave a very generous donation of premium topsoil for the Arboretum's gardens. ♦

A Growing Concern: Telling the Story

by J. Patrick Bowman, CPH



I see myself first and foremost as a story teller. Whether I'm designing landscapes, putting together educational programs, or helping small businesses with marketing, it all revolves around story telling. As I thought about this the other day, a phrase came to me that I think is an important factor in my life and can be applied to any organization, as well: "If you want to tell the story, you better help write it."

Many people have the desire to tell the story without the buy-in of helping to write it. Recitation is much easier than being involved in the creative stages of birthing a program, event, or movement.

The Arboretum is an on-going story that needs to be told. We have a 40-year story that has been written by those groups, individuals, boards, and committees that have come before us. Some of the writers are still with us. Some are not. Others have simply put their pens down or decided to write another story. Those of us currently writing the story are adding our chapter to the larger volume. The volunteers that tirelessly work week after week on a myriad of projects keep the pages coming. Feel proud in knowing that your contribution is helping to write what others will read now, and yes, 40 years from now. You have the right to tell the story, because you have helped write it. ♦

Horse Logging Demonstration

Don't miss this! Wes Gustafson will be demonstrating horse logging on Saturday, June 11th at the Arboretum during Maple Valley Days. This is your chance to observe what was once a common event in this area. Wes and his draft horses, Clyde and Star move the downed trees using a non-motorized log arch slide lift. Wes enjoys sharing information and will be happy to answer questions. If you miss seeing the demonstration on June 11th, look for Wes, Clyde and Star before or after June 11th, at the Arboretum or the City of Maple Valley's Legacy site across from Rock Creek Elementary School on Highway 169. ♦

Volunteer Garden is Completed

by Cindy Ostermann

Thanks to dozens of volunteers and contributors, the initial planting phase for the Garden was completed in April, less than a year since the garden's conception! Although over 150 plants were added to the garden after the bed was culled, the area now has a much more open feel and allows visitors to better appreciate the specimens as they stroll along the beautiful pathway donated and installed by Malone's Landscaping. There was an effort to incorporate plants salvaged from Loie Benedict's garden as well as dwarf trees and shrubs, bulbs, and grasses into this bed. Variegated specimens that were added bring various textures, year-round interest, and provide new acquisitions for the Foundation's collection list. It is hoped that the new dwarfs, especially, will help new homeowners who have small lots identify shrubs and trees which are of suitable scale for their yards.

A garden sign explaining the Volunteer Garden's purpose and should be installed by June. Botanical signs will added as soon as this is feasible. ♦



Volunteer Garden Committee: Rebecca Stewart, Judy Nash, Patrick Bowman, and Chair Cindy Ostermann.



Starbucks volunteers prepare a section of the Volunteer Garden for some new plants.



Pat Bowman presents Debbie Malone of Malone's Landscape a certificate of appreciation at the MVBD Chamber meeting for donating the flagstone path.

Behind the Scenes

The reasons our volunteers became interested in gardening and in Lake Wilderness Arboretum are always interesting. Below are details that three of our volunteers shared along with some of their favorite gardening tips or information sources.

• **Maureen Paszek:** “I initially learned about the Arboretum in the 1970s when my friend, Natalie Sullivan was on the Board. At the time, I was involved with the schools, Scouts and church as a volunteer and didn’t have time to help at the Arboretum. I joined in 1994 and have since been on the Board and chaired the Membership & Public Relations



Maureen Paszek

Committee as well as serving as Hostess, Volunteer Coordinator, and Perennial Co-Chair.

My love of gardening began in Bend, Oregon where my parents grew potatoes commercially and also had a family garden. Schools were let out for two days in the fall so the kids could help pick potatoes—the first money I ever earned! The family garden provided REAL strawberries, a wonderful treat after city living.

My favorite garden tip is using winter cover crops wherever I have “bare” ground—especially my raised garden beds. I use crimson clover or annual rye grain. The former has to be planted by early October. In the spring, we turn it under, add some nitrogen, wet it down, and cover with clear plastic for a month. The resulting soil is beautiful!”

• **Debye O'Rorke:** “My grandmother was the biggest gardening influence in my life. She taught me how to enjoy the peace and tranquility of working in the garden at an early age, but it wasn’t until I was an adult and moved to the Maple Valley area that I actually cared about having a nice garden of my own.



Debye O'Rorke

Several years ago, a friend of mine asked me to come to a local garden club

(Late Bloomers) meeting. I ended up joining the club and the gardening world opened up around me. I learned about the Arboretum through the club and ended up volunteering for the annual Spring Plant Sale. I felt that volunteering and paying the small membership fee was the least I could do to support such a beautiful place. I have met so many great people through the Arboretum. I wouldn’t trade my experiences there for anything.

My favorite magazine at this time is *Garden Gate*. Since I enjoy gardening, but still don’t know much about it, this magazine has a lot of instructions for those of us who need a little extra input. It also includes plant picks and garden design ideas that are very interesting.”

• **Criss Barrett:** “My Italian father was a big-time gardener. His huge garden included, along with fruit trees, the tomatoes and basil that Italians love. He also grew beans, endive, radicchio, corn, peas, zucchini, cucumber, pumpkins and much more. While growing up, I followed him around, watched what he did and helped. Grafting trees was an interest of his, and one of his trees had 36 different kinds of apples. By following his techniques, I’ve successfully grafted some peach trees.



Criss Barrett

When Arboretum member Carol Walker sold me a townhouse with no yard, she suggested that I get my “garden fix” at the Arboretum. At that time, I didn’t even know there was an arboretum in Maple Valley even though I grew up and had lived in Renton my entire life. I did join, volunteer, and now serve on the SKCAF Board.

My dad knew Enumclaw gardening author Marianne Binetti and had quite a few of her books which I’ve now acquired. I particularly enjoy and recommend Binetti’s gardening journal titled *Gardening Month by Month in Washington and Oregon*. It includes gardening tips and information along with room for keeping track year to year ‘what you did when.’

At my mom’s house, now that my dad has died, I tend his garden and fruit trees which includes seven apple trees. Unfortunately, these trees have apple maggots and the solutions that I’ve tried so far haven’t worked. If any of you have successfully rid your apple trees of maggots without using chemicals, please let me know what you did.”♦

A Whirlwind of Activity in the Gardens

by Maria VanZanen

If you haven't been to the Arboretum recently, you'll be amazed at the changes. The Smith-Mossman Western Azalea Garden, containing Britt Smith's azalea collection, now includes about 2/3 of Dr. Mossman's generously donated collection from his Vancouver, WA garden. His azaleas are now planted in a newly cleared area south of the original garden. Also an area north of this garden and east of the nursery which was a mass of cherry brush, is now home for salvaged plants from the garden of long-time Arboretum member and avid plantswoman, Loie Benedict. In 2004, over 700 hours were logged by volunteers who literally transported practically every plant small enough to move from this very special garden. Nursery manager, Judy Nash, designed this new garden not yet officially named.

Creating two new gardens simultaneously has stretched us in funding and in volunteer hours required. As Property Management and Development Chair, I would like to thank all those who helped make it happen.

First, a special thank you to the project manager, Bob Dunning, who was instrumental in obtaining both the Smith and the Mossman donations. With his efforts, our Arboretum can claim the largest public collection of *Rhododendron occidentale* in the world. Thank you to Dan Keifer of Tightspot Backhoe and Bill Sloan who have been with the Smith Mossman project since its beginning. Their vision, creativity and ability to safely move large plants is a tremendous asset.

Thank you to Loie Benedict for the gift of her garden and to the volunteers who transported her plants. A special thank you to Judi Alvau, salvage organizer/manager and to Judy Nash, designer. With two garden projects underway simultaneously, (three actually, with the Volunteer Garden now completed) funds were limited. However, many donated time and materials. A huge thank you to Iddings, Inc. for a very generous donation of premium topsoil which came immediately upon request when needed. Also, a big thank you to Cory Monaghan of Monaghan Tree Service for reduced-rate services and to Star Rental for the free use of equipment.

Loie's Garden came into being literally in a week with incredible community support. From April 17 to 23, four work parties of volunteers logged over 400 hours. On April 17 volunteers moved rocks and soil to prepare for planting. On April 18, a group of 24 young adults from Maple Valley's Church of Jesus Christ of the Latter Day Saints spent an evening moving soil, grubbing ivy and moving pots to ready the garden site for the next work party. On Earth Day, April 21, nine Starbucks employees joined 24 Arboretum volunteers to plant the garden. An exciting day!

In the Starbucks Make your Mark grant, for each hour worked, we earned \$10 for the Arboretum. As a result, most of Loie's Garden was planted; soil was moved; chips were laid on the paths; a truckload of the weed, herb robert, was pulled; and work was completed in the Volunteer Garden and in the nursery. We earned the maximum \$1000! Starbucks employees are planning several more Make Your Mark work parties soon. The next one is scheduled for June 16 from 9am to 1pm. Thank you, Starbucks! How much we do at the Arboretum is limited by volunteer time and by funding. We reached the maximum \$1000 this time handily, but at the next Starbucks work party, to reach our goal, we will need YOU! Please participate.

Then on April 23, with fifteen Arboretum and 45 community volunteers mostly from Boeing, it was absolutely amazing to see the work completed in four hours. In the Smith-Mossman Garden, some native plants and most all the remaining azaleas were planted. Sod was removed, mountains of weeds were pulled and 20 yards of chips were spread. In Loie's Garden, work was continued. Also, the final planting was done and bark applied to the Volunteer Garden and an adjacent area. In the nursery, presale plants were delivered to customers and potting was done. Pots were moved and running bamboo was dug. All in all, an incredible day. Thank you Boeing employees. And thank you especially to Arboretum volunteers. These big work parties don't work without you. Community volunteers need your guidance to be productive. So thank you everyone.

If you haven't been around lately, I'm sorry you missed the fun. It's a thrill to see it come together with the camaraderie and sense of accomplishment. And you missed it! Oh well, there will be another opportunity soon. In the meantime, come and have a look at all that has been accomplished. ♦

A Non-chemical Victory Over Weeds

by Katie Swickard

Just as surely as the spring rains bring us beautiful spring flowers, they also bring us weeds! But wait, does it have to be this way? Contrary to all those snappy TV commercials, does a homeowner have to resort to chemical herbicides to win the war over weeds? The multi-billion dollar landscape chemical industry would have us believe that applying chemicals is the best way. However, herbicides almost never change the underlying conditions that promote weed growth. If we hope to truly solve a weed problem, we need to change the environment so that the weeds do not continue to prosper. Otherwise, we jump on the merry-go-round of repeated chemical applications.

If we hope to truly solve a weed problem, we need to change the environment so that the weeds do not continue to prosper.

Are you losing the battle with dandelions? The key point to the conflict strategy is to improve your soil. A healthy, deep rooted lawn is not hospitable to dandelions and other weeds, as the grass grows thickly enough to prevent weed seeds from germinating. Ideally, a healthy lawn will have at least 12 inches of flourishing roots. Check root depth by digging a small, deep core sample. To boost

healthy lawn soil, apply up to 1/2 inch of fine compost each spring. An excellent plan of action is to first core-aerate, then rake the compost lightly over the lawn. An important final step is to overseed with a turf-type fescue and perennial rye grass seed blend developed for northwest lawns. Dandelions thrive at a pH level of about 7.5, and are a sign to add dolomite lime to lower the pH. A soil test is the best way to determine how much lime to apply.

Remember to mow high (2" for many lawn types), often and with sharp blades. Tall grass blocks sunlight from the soil surface, preventing weed seeds from germinating. Overly watered lawns typically have shallow root systems as they have no reason to sink their roots down in search of water. Watering once a week will encourage the roots to grow deeply. A loss of shine or footprints

showing indicate that it's time to water. Or you can check and see if the top 2" of soil are no longer moist. Water slowly, or "cycle-irrigate" with off and on again watering so that the water penetrates deeply. Check with a trowel to see if water has reached the desired depth. Also, over-watering encourages some lawn weeds such as buttercups, annual blue grass, and speedwell.

After a good rain, do some easy hand pulling of weeds. Spring is the best time to attack the dandelions because their food resources are low after just leafing out or just flowering. Chances of them resprouting are reduced. Proper watering, frequent mowing, and keeping the lawn fertilized will often allow a lawn to choke out weeds.

In the flower beds, annual mulching with a blend of 50% compost and 50% fine bark is a triple winner; it feeds the soil, blocks weeds and helps you save money. Mulching saves on water costs by helping to conserve soil moisture. Organic mulches need to be applied at least three or four inches thick to prevent light penetration which will keep weed seeds from germinating. Make sure to keep mulch at least an inch away from plant stems and trunks. Any weed seeds that blow in and sprout are easy to pull from the loose mulch. Water only your plants, not the surrounding flower bed. Weed seeds need water to germinate – don't give them any. Form water "wells" around your plants with elevated rims to hold in the water. Drip irrigation or weeping soaker hoses allow you to target your watering.

Environmentally friendly corn gluten meal is a pre-emergent herbicide that is best used on established lawns or in perennial beds as it will block the sprouting of any seed, not just weed seeds. It has been proven to be effective against weeds such as crabgrass, dandelion and clover among other annual weeds.

As always, fighting the weed invasion before they go to seed will put you in the lead. As the old saying goes, "One year's seeding makes seven years' weeding." There will always be weeds, but learning how best to thwart them gives you the winning edge. ♦

Katie Swickard is Water Resources Specialist at Covington Water District. KSwickard@covingtonwater.com is her email

Arboretum Docent Program

Geoff Culbert, SKCAF Board member, is currently developing a docent program. If you're interested in working on this project or being a docent to help raise the public's awareness about the Arboretum and to guide visitors, gardening clubs and school groups through the Arboretum, please call 432.413.2572 now. ♦

THS Regional Envirothon Winners

by Cindy Ostermann

Tahoma High School sent a team to state competition after a victory as the top ranking team in the Northwest Regional Envirothon, hosted by Whatcom Conservation District on March 17th. Other schools competing in this meet came from King, Whatcom, Skagit, and Snohomish Counties. Tahoma High School teams competed in this event for the first time last year when the regional contest was held at Lake Wilderness Arboretum and Lake Wilderness Park.

The Envirothon is the largest Natural Resources Environmental Competition for high school age students in North America. Teams rotate through field test stations and address four categories: Water, Soil, Wildlife, Forestry. They then present a position on a current environmental issue. ♦

David Burns, a fellow gardener who contributed a great deal of time and effort to the Arboretum last year, passed away in March. David began joining the TWIGS group on their Thursday morning work parties in April of 2004.

Passing

by Maureen Paszek

He spent much of his time working independently, reorganizing plants in the Nursery, setting up columns which made placing the plants as they were potted or locating them during Plant Sales an easy process. He contributed by way of heavier labor to help out.

He obviously had a great deal of personal knowledge of plants, and brought many of his own to donate to the Arboretum. He was always willing to lend a hand wherever it was needed. David observed some of the efforts being put into labelling and felt that it could be done more easily and efficiently if the Foundation had a machine to do it. Since funds were not budgeted for it, he donated the funds to purchase such a machine to the Arboretum. TWIGS members enjoyed his dry sense of humor and friendly joshing. His presence will be greatly missed. ♦

In 1986 after his wife Lillie died, George Steuber offered to donate their 30 year collection of rhodies to the Arboretum. The collection featured groups of rhododendron by family, plus hybrids of Lillie's own creation. There were over 1,000 plants in the collection.

Historically Speaking: Steuber Rhododendron Garden

by Maureen Paszek

A professional landscape design was commissioned, and volunteers set to work preparing the grounds, removing scotch broom and weeds, and then added berms and imported top soil. In October truckloads of large plants were brought to the site. The choicest large rhodies were to be planted first. A volunteer who was involved in the project shared her recollection of working at the Arboretum that cold and dark November and the sense of urgency that those plants had to be gotten in the ground. To quote her, "The rhododendrons didn't seem to mind the cold, but we sure did." ♦



Before the planting of the rhodies, piles of weeds, stakes, and a distant view of the trees give a real sense of the daunting task ahead.



In late April, a walk through the Steuber garden is always a colorful and fragrant experience.

CALENDAR

June 2005

- 2 TWIGS, 9am at Nursery
- 4 Late Bloomers/Maple Trails Work Party, 9am at Nursery
- 6 Landscaping Class, 6:30pm at Annex
- 7 Potluck, 6:30pm & Education Program, 7pm at MVCC
- 8 SKCAF Board Meeting, 6:45pm at Annex
- 9 TWIGS, 9am at Nursery
- 11 Horse Logging, throughout day at Arboretum
- 13 Landscaping Class, 6:30pm at Annex
- 16 TWIGS, 9am at Nursery
Starbucks Work Party, 9am at Nursery
- 20 Landscaping Class, 6:30pm at Annex
- 23 TWIGS, 9am at Nursery

July 2005

- 1 Newsletter articles deadline
- 2 Late Bloomers/Maple Trails Work Party, 9am at Nursery
- 7 TWIGS, 9am at Nursery
- 14 TWIGS, 9am at Nursery
- 21 TWIGS, 9am at Nursery
- 28 TWIGS, 9am at Nursery

Mark Your Calendar!

The Membership Picnic/ Members-only Plant Sale is Tuesday, August 2 at 6pm and the 40th Anniversary & Volunteer Appreciation Celebration originally scheduled for May 21 will be held on Saturday, November 12, 2005.

Receive Your Newsletter Electronically

If you'd like us to send your newsletter to you via email to be downloaded in Acrobat Reader, please email us at editor@LakeWildernessArboretum.org

SKCAF Personnel

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First Vice President: Eric Larson
Second Vice President: open
Recording Secretary: Linda McMonagle
Corresponding Secretary: Maureen Paszek
Treasurer: Criss Barrett

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Budget/ Finance: Cindy Ostermann
Education/Conservation: Patrick Bowman
Membership/Public Relations: Patrick Bowman
Property Management/Development: Maria VanZanen
Plant Sale: Barbara Huseby

Managers

Property: Bill Paine & Rebecca Stewart
Nursery: Judy Nash

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Branching Out: Published every other month. Free with membership.

Editor: Marlys Hoon Staff: Maureen Paszek, Patrick Bowman, Arlene Deavel, Kadri Linask-Goode, Rebecca Stewart

Contributing Writers: Maureen Paszek, Cindy Ostermann, Patrick Bowman, Kadri Linask-Goode, Maria VanZanen, Katie Swickard

Articles welcomed. Deadline July 1. Send comments & articles to editor@LakeWildernessArboretum.org or to SKCAF, Box 72, Maple Valley, WA 98038

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